

6 year olds	OUR HEAVENLY FATHER
Module 4	God's Special Gifts
Lesson 1	Our Bodies

AIMS

1. Students will learn that man is composed of two elements: body and soul
2. They will be able to enumerate the body's five senses (touch, taste, smell, sight and hearing).
3. They will develop an appreciation of their five senses as a gift from God.

BEGIN

1. Ask the children to define an angel as it was studied in recent lessons: an invisible spirit who is God's helper
2. Remind them that like God, angels do not have bodies.
3. Explain that when God created man, he gave him two gifts: a body and a soul.
4. Explain that the body is the part we can see, but no one can see our soul, but with it, everyone has life.
5. Tell the children that today we will learn about the marvellous gift God gave man: his body and all the things it can do.

STEP 1

1. Read Special Paragraph 1 in the children's pack with the children.
2. Encourage them to reflect on the fact that not long ago they did not exist.
3. Help them to focus on the fact that they exist now because both God and their parents wanted them to live.
4. Explain to them that life is the first and most precious gift anyone has ever received.

STEP 2

1. Read the first sentence of Special Paragraph 2 with the children.
2. Ask the children to list the many things their bodies can do: e.g. jump, run, climb, skip, turn circles, somersaults, walk on tip toe, clap hands, shout loudly, whisper quietly, etc.
3. Then say a little impromptu prayer with the children thanking God for their bodies and all the things it can do.

STEP 3

4. Read the rest of paragraph 2 with the children and as each sense is enumerated encourage the children to contribute examples of the objects of that sense.

STEP 4

Go through a magazine with lots of pictures and get the children to say which sense are the most important for appreciating each item. For example: a snow scene: their eyes would see the beauty and the sense of touch would feel the cold.

Explain the God has given them bodies so that they can see, feel, smell, taste and hear all the good things he has made for them.

STEP 5

Hold up a perfume bottle and explain that you will spray what is in the bottle. When they know what is inside they should raise their hands without saying anything to anyone else. When they have all got their hands up, ask what is in the bottle and how they know. Explain that God gives them the gift of smell so that they can smell beautiful things such as perfume. Explain that the sense of smell can also warn them of danger, e.g. the smell of smoke from a fire.

REINFORCE

Make a collage for the five senses. See the children's packs. Help the children to draw or cut out pictures from magazines and paste them onto their collage. Sometimes things will relate to two senses. Ice cream for example looks and tastes good. Help the children decide which is the more appropriate.

Play "I Spy" and when the object is guessed discuss which senses are relevant to the object or thing.

CONCLUDE

Practice Catechism Question 10 with the children

Review questions 1 to 9

Read with the children the prayer at the end of their packs, making sure to they make the sign of the cross at the beginning and end of the prayer.

Sing "I heard the voice of Jesus say," *Adoramus Hymnal*, #579

PREVIEW

Explain that in our next lesson, we will learn about the even greater gift that God gave us - the soul. It is the part of us that makes our bodies alive.